

**Dress up in your RED, WHITE AND BLUE
and join Carnation's 4th of July Celebration!**

**Proceeds from the Run for the Pies benefit the
Carnation 4th of July Celebration**

Top 3 Finishers of each Division wins a Remlinger Farms Pie

**** Additional prizes given with random drawings eligible to all participants**

Age Division	
M 10 & Under	F 10 & Under
M 11-14	F 11-14
M 15-19	F 15-19
M 20-24	F 20-24
M 25-29	F 25-29
M 30-34	F 30-34
M 35-39	F 35-39
M 40-44	F 40-44
M 45-49	F 45-49
M 50-54	F 50-54
M 55-59	F 55-59
M 60-64	F 60-64
M 65-69	F 65-69
M 70-74	F 70-74
M 75+	M 75+



3 OPTIONS FOR PACKET PICKUP & IN-PERSON REGISTRATION!

Friday June 28, 2019 5-8pm @ Super Jock & Jill
16095 Cleveland St. Redmond, WA 98052

Saturday June 29, 2019 10:00am-12pm @ Super Jock & Jill
16095 Cleveland St. Redmond, WA 98052

Sunday June 30, 2019 12-2pm Studio Beju
15630 Msin St. NE, Duvall, WA 98019

**Can't make it to Packet Pickup? Day of Race Packet Pickup and Day of Race Registration
begins @ 7am Thursday July 4th**

Please fill out the Registration form below and mail with your registration fee.

Carnation 4th of July Committee
5K Run for the Pies
PO Box 736
Carnation, WA 98014

Make checks payable to: Carnation 4th of July Committee
Postmark Cutoff: June 28th 2019

First Name: _____ Last Name: _____

Mailing address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone Day: _____ Night: _____

Age as of 7/4/19: _____ Male _____ Female _____ Bib# _____

Date of birth: ___/___/___

Tech-Shirt Size: YM YL WS WM WL WXL MXS MS MM ML MXL MXXL

Fees:

- Pre-Registration to us by June 1st \$30**
- Registration to us June 2nd-June 28th \$35**
- KIDS 10 & under Registration by June 1st \$20**
- KIDS 10 & under to us June 2nd-June 28th \$25**
- Day of Race \$40 Adults Kids 10 & Under \$30**

T-Shirt Not Guaranteed for late registration

Remember to include your email address so we can notify you of next year's race. We do not share or sell this information.

Disclaimer: If you are participating in the run or walk, no matter what age, you must run on your own. If you are participating & use a wheelchair then you must operate your wheelchair on your own. A child participating cannot be in a stroller & then jump out at the finish line to the race. A child in a stroller may not be counted if they are pushed by a runner or walker. IMPORTANT: PLEASE READ AND SIGN THE HOLD HARMLESS AGREEMENT BELOW TO BE IN THE RUN: HOLD HARMLESS FOR THE JULY 4th RUN for the 4th of July Carnation Celebration 5K RUN/WALK in consideration of my entry in "The Great 4th of July Celebration 5K Run/Walk" I intending to be legally bound, do hereby for myself, Executors & Administrator, waive, release & forever discharge any & all rights & claims for damages, including any claims for loss or damage or injury to my person or property arising out of my performance or failure of performance from "The Great 4th of July Carnation Celebration 5K Run/Walk". Carnation Chamber of Commerce, City of Carnation, the owners of any event sites, representative successors & assigns. I hereby consent to allow my picture or likeness to appear in any official document, sponsor advertisement or TB coverage of "The Great Carnation Celebration 5K Run/Walk" without compensation to me. I have read this waiver and knowing the facts I hereby for myself, my heirs, executors, administrator or anyone else who might claim on my behalf, covenant not to sue & waive, release & discharge volunteers, suppliers agents, employees & personnel in any way assisting or connecting with the events from any & all claims of liability of any kind or nature whatsoever arising out of my participation, even though that liability may arise out of negligence or carelessness on the part of the persons or parties in this event. I understand that my fee is not refundable.

Signature _____

Parent/Guardian Signature _____
(required if participant is under 18 years of age)